

DOJO COACHING TEAM

BE EMPOWERED...TRAIN WITH THE BEST!

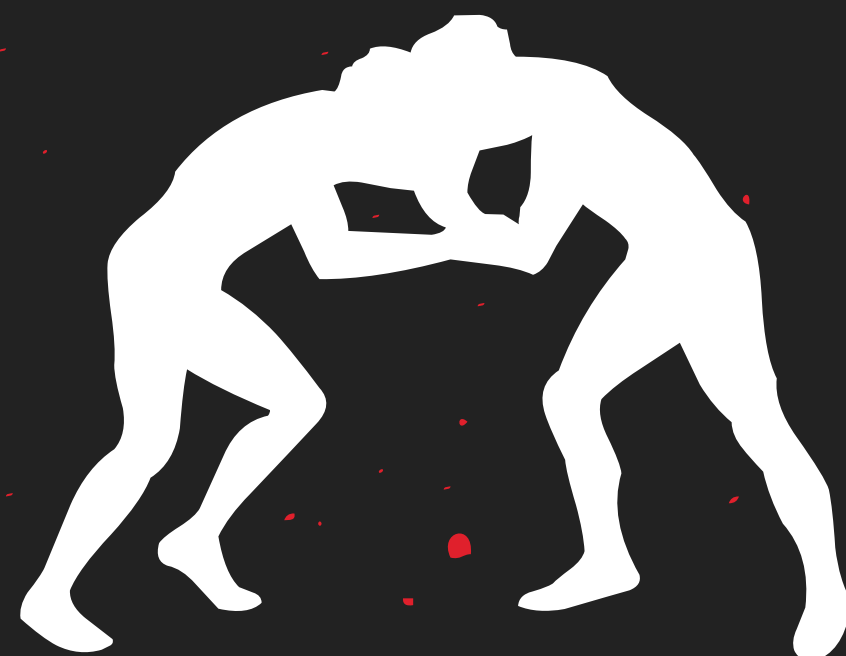
COACH AYISHA ABIED

CURRENTLY COMPETITIVE IN BOXING AND MUAY THAI. BORN IN THE VOLATILE CITY OF KUWAIT. IN NZ PLAYED BASKETBALL FOR THE WAITAKERE PREMS. BEGAN KICK-BOXING AT THE AGE OF 15. REPRESENTED NEW ZEALAND AT THE YOUTH WORLD CHAMPIONSHIP IN THAILAND. BY 2019 AYISHA WAS THE IKBFNZ FEATHERWEIGHT CHAMPION. IN 2020 SHE WAS NZ TAG TEAM CHAMP AND AGAIN LEAD WITH THE 4-WOMEN TITLE IN 2021. CURRENTLY TRAINED BY LEE KOLOTO. AYISHA IS ALSO A QUALIFIED PERSONAL TRAINER.



SENIOR COACH AMIR BAHRAMI.

COACH DILWORTH GRIZZLIES, BALMORAL LEE GAR, COACH MANY ELITE, AMATEUR AND PRO BOXERS, MMA, KICKBOXERS AND WRESTLING CHAMPIONS. JUNIOR IRAN CHAMPION, COMPETING IN NUMEROUS TOURNAMENTS AND LAST COMPLETED IN THE WORLD VETERANS CHAMPIONSHIP, MACEDONIA 2018.



COACH WENDY TALBOT
15 YEARS EXPERIENCE IN COMBAT SPORT, COMPETITIVE FIGHTER, 5 X NEW ZEALAND CHAMPION, RWS ATHLETE REPRESENTING NZIN THAILAND, KICKBOXING, MUAY THAI, AND BOXING COACHING EXPERIENCE.



COACH BRAHM RICHARDS

QUALIFIED PERSONAL TRAINER. DUX LUDORUM 2 YEARS RUNNING AT RUTHERFORD COLLEGE. BLACKBELT SHOTOKAN KARATE, NZ JUDO CHAMPION MULTIPLE TIMES, NZ WRESTLING CHAMPION MULTIPLE TIMES, COACH RUTHERFORD AND AVONDALE COLLEGE WRESTLING TEAMS. RUNNER-UP AUSTRALIAN CHAMP, AND HAS FOUGHT IN MANY COUNTRIES WORLDWIDE FROM USA, KAZAKHSTAN TO SOUTH AFRICA, AWARDED OCEANIA JUDO AND WRESTLING CHAMP, YOUTH OLYMPICS-CHINA AND TWICE REPRESENTED NZ IN THE COMMONWEALTH GAMES..



COACHES ARE AVAILABLE FOR ONE-ON-ONE COACHING. SEE RECEPTION TO BOOK!

FOR GROUP CLASSES PLEASE SEE TIMETABLE ON WWW.CLUBPHYSICAL.CO.NZ

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